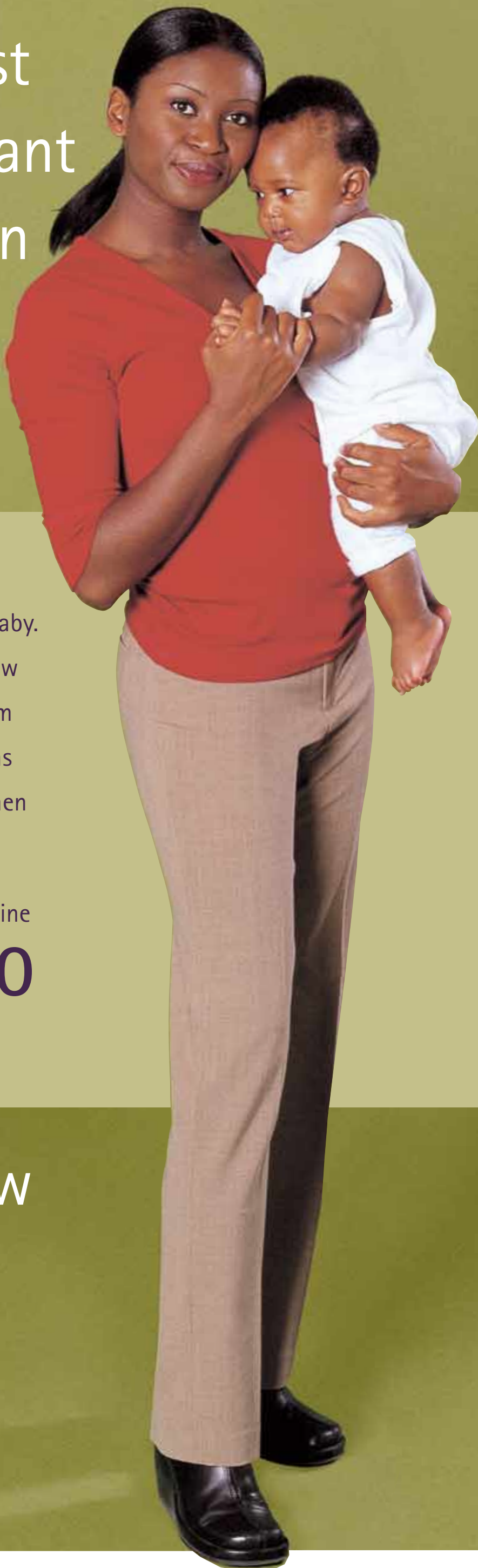


“ Having an HIV test when I was pregnant meant I could plan my future – and my baby's.”



All expectant mothers wish for a healthy baby. So if you're pregnant it's important to know your HIV status. The risk of passing HIV from mother to baby can be reduced to as low as 1%. Testing is offered to all pregnant women as part of routine health checks.

For more information call African Aids Helpline

0800 0967 500

It's better to know

For advice on living with HIV call
THT DIRECT HELPLINE  **0845 12 21 200**

NAHIP  **NHS**

“ I'm having a great life and now I've had an HIV test I can get on with it. ”



Partying, clubbing, going out, girlfriends and boyfriends, it's great to be able to enjoy life! You want to make the most of your youth, and to make sure you can make the most of your future think about taking an HIV test. Testing is free and confidential at any sexual health clinic as part of a regular sexual health check up.

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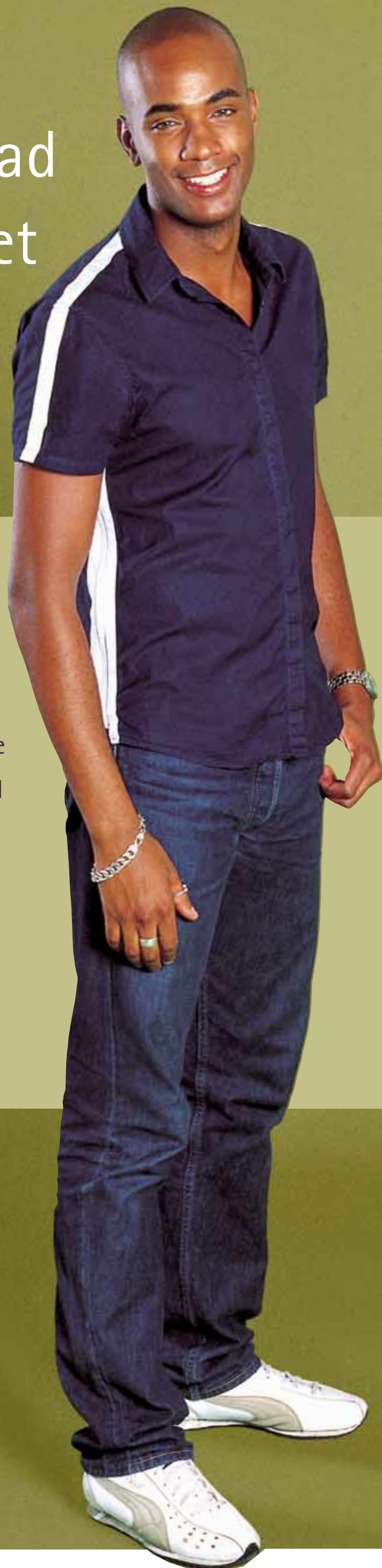
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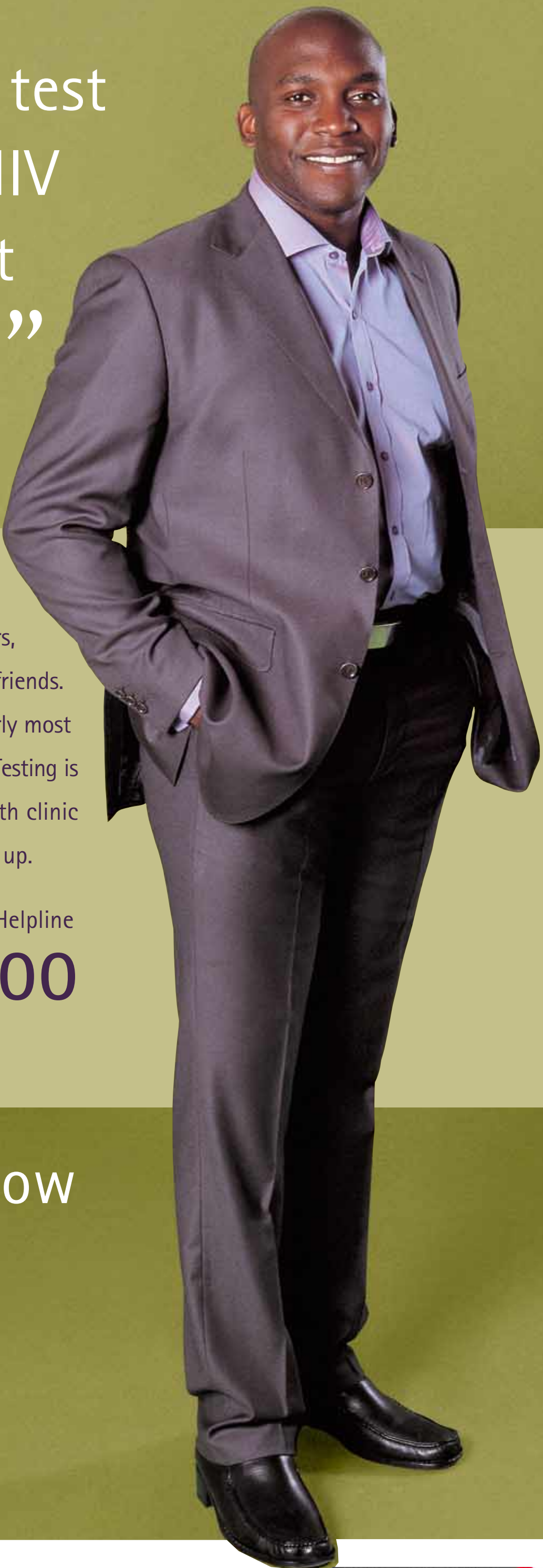
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NAHIP  **NHS**

“Now I've had a test and know my HIV status, I can get on with my life.”



HIV can affect us all, mothers and fathers, husbands and wives, boyfriends and girlfriends. Left untreated HIV can kill, if treated early most people with HIV can lead a healthier life. Testing is confidential and free at any sexual health clinic as part of a regular sexual health check up.

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