

**IN THE HEAT
OF THE MOMENT
DON'T GET
CARRIED AWAY.
ALWAYS USE
A CONDOM.**

**AND FIND OUT WHAT ELSE YOU CAN DO
TO PROTECT YOURSELF FROM HIV
CALL AFRICAN AIDS HELPLINE**

0800 0967 500

IT'S FREE, CONFIDENTIAL, SAFE TO CALL



NAHIP 
www.nahip.org.uk

NHS